

WATER EXERCISE CLASSES 2023

The Vredenburg-Chariton Family Aquatic Center and the Chariton Recreation Department will once again offer the very popular water exercise classes on Tuesday and Thursday evenings this summer. The classes will be held from 7:15 pm to 8:00 pm starting June 13th and will run through July 20th. (No classes on July 4th or July 22nd)

The fee for 10 class sessions will be \$40.00 or participants may walk in for \$5.00 per class. Participants in the class will not be charged an additional admission fee to the pool. Amy Stuart will be the instructor for the class. For questions, contact Hannah McGourty – Park and Recreation Director – parkandrec@chariton.org – (774-5991), call the Family Aquatic Center (774-2380), or contact Amy (203-1130). Registration forms will be available at the Aquatic Center.

WATER EXERCISE CLASS REGISTRATION FORM

Name: _____ Phone: H) _____ C) _____

Address: _____

Email: _____

Do you have any medical conditions we may need to be aware of? _____ Yes _____ No

If yes, please explain: _____

Full Course: \$40 for 10 classes

Walk-Ins: \$5.00/ per class

Please bring your form to the first class or sign up directly at the Vredenburg-Chariton Family Aquatic Center, 900 N. 14th. Street, Chariton, Iowa.